



We are very happy to be welcoming you back to Adult Learning Lewisham's centres at the start of a new academic year. Please read on for the steps we are taking to keep learners and staff safe



Staying Safe - Lateral Flow Testing

- The government still recommends all learners and staff attending education centres take lateral flow covid tests before coming in
- The easiest option is to take a test at home, preferably on the day you are attending but the day before is OK too
- You can access tests using these links
 - [Order lateral flow tests to be sent to your home](#)
 - [Find the nearest place where you can collect lateral flow tests](#)
- We may be able to help if you have problems getting a test kit. Ask the centre reception for more information



Staying Safe - Lateral Flow Testing

- If you receive a positive test it is **VITALLY** important you let Adult Learning Lewisham know
- Please call 020 8314 3300 and be prepared to tell us
 - Your name
 - Subject(s) you are studying - with course codes if known
 - Name of tutor
 - Centre and dates and times of the last lesson(s) you attended
 - Anyone at Adult Learning Lewisham you had face to face contact with for more than 15 minutes who is not in your class.
- **Remember** - If you get a positive lateral flow test you will also need to book a PCR test [Book test here](#) or by calling 119



Staying safe – How long do I need to isolate?

- **You must isolate for 10 days if:**
 - You test positive for Covid-19 or start showing symptoms whether or not you are vaccinated
 - are an adult who has not been fully vaccinated, and you are identified by contact tracers as a close contact of someone who has tested positive
 - are an adult who lives with someone who tests positive (or has Covid symptoms) and you are not fully vaccinated
- **You do not need to isolate if you have been fully vaccinated and the second dose was at least two weeks before your contact with someone who has tested positive**
- **If you have symptoms please do not return to Adult Learning Lewisham until you feel well enough even if it takes longer than 10 days.**
- **Check that your class is continuing by phoning 020 8314 3300 before you return.**



Staying safe – Attending class – What has changed?

- **Social distancing is no longer required so classroom numbers will return to pre-pandemic levels.**
- **In line with Government guidance mask wearing in class or whilst moving around inside the centres is no longer compulsory. Of course you may continue to wear a face covering if you prefer.**
- **We will still need to work together to minimise our risk.**



Staying safe – Attending class – What measures remain in place for our safety?



- Perspex screens at receptions
- One way systems and keep left signs
- Hand sanitizer stations and posters reminding us to wash hands frequently
- An extra daily clean of touch points in the centres
- Opening windows in classrooms and offices
- A requirement to clean work areas and equipment before and after use



Arriving at the centre

- We encourage you to use the main entrance to access your centre



Brockley Rise

- If your class takes place in one of the huts outside the main building you should go straight there



Going to your classroom

- Where the building layout allows we have made corridors and stairs one way – arrows on the floor and wall signs will direct you



Moving around the centre

- Where it is not possible to make corridors and stairs one way please try to keep left as shown by the arrows, walk in single file, and give as much space as you can to anyone coming towards you.



ICT Equipment

- We strongly encourage you to bring in your own smart phone or tablet to use in the classroom if needed. Remember the wi-fi at ALL is freely available
- If you are issued with a laptop or tablet for classroom use please clean them before and after with the sanitiser we provide



The facilities

- All toilets will be fully open
- Clean hands remain very important to protect against the virus. Please use the sanitizer stations around the centres if you do not have access to soap and water



The facilities

- Our cafes will be open as usual from 13 September
- Café seating is restored to pre-pandemic levels
- Where possible we still encourage you to take your food and drink to outside tables if weather allows



Leaving the centres

- There is no longer a requirement to leave the centres by a particular route. You may use the same door to enter and exit





Finally.....

- We are so pleased to have you back – it will be different but we are working hard to keep everyone safe and are very excited about learning and teaching together in full classes again.